

VIRGINIA
INFANT & TODDLER SPECIALIST
NETWORK
"Achieving Excellence in Early Care"

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We have just launched our new blog! Below are a few examples of interesting content you will find monthly!



Recognizing Typical vs. Atypical Behaviors in Early Childhood

Being a proficient child care provider involves not only understanding early childhood development in a general sense, but also recognizing the strengths and weaknesses of each child as an individual and accommodating those differences in a way that encourages social, emotional, and intellectual growth.

[Read More](#)



On the Move: Gross Motor Skill Development

Playing is a core ingredient to developing gross motor skills, which evolve over time and help children develop muscular strength, hand-eye coordination, awareness of objects around them, and balance. Encouraging physical play throughout infancy and early childhood promotes good health.

[Read More](#)

Plant the Seed: Good Nutrition through Gardening

Nutrition is an important component of a child's physical growth and learning to nurture living things is essential to social and emotional development. The act of gardening encompasses nutrition, nurturing, science, sensory exploration, and an appreciation for the great outdoors, making it an ideal activity for young children.

[Read More](#)



Resource Spotlight:

Virginia Department of Health Breastfeeding Friendly Child Care Program

Learn more about becoming a breastfeeding friendly child care program. VA ITSN can assist with resources, technical assistance, and materials to obtain this designation. Contact Janet at 757-378-3167 or email TA@va-itsnetwork.org for more information.

[Learn More](#)



Upcoming PD Opportunities

4th Annual Child Care & ECE Business Summit November 15th, 2019

Child Care Aware of Virginia is a community-based network of child care and early education specialists, delivering services to families, child care professionals and communities. Check out Child Care Aware of Virginia for all the conference details.

[Learn More](#)

Did you know that July 31st is National Heatstroke Prevention Day?

In 2018, 52 children died from heatstroke, the highest number of deaths on record. Below are links to tip sheets and resources to help remind everyone to *look before you lock*.

Preventing Heatstroke Resources:

- [Tips To Avoid Child Heatstroke](#)
- [Preventing Heatstroke: What To Do If You See a Child Alone in a Car](#)
- [How Much Do You Know About Preventing Child Heatstroke](#): Take a quiz to learn how to prevent child heatstroke in cars

- [Steps To Prevent Heatstroke](#)
- [Where's Baby: Look Before You Lock](#): National Highway Transportation and Safety Administration educational campaign



A nonprofit agency changing the lives of babies, toddlers & their families

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[Visit CDR Now](#)

123 READ!
Enhancing Emergent Literacy for Infants and Toddlers

New Training Dates Will Be Added Soon!
Weber City 1-2-3 READ! - July 29 & 30, 2019

1-2-3 READ! early literacy training is an interactive, practical two-day training designed for teachers, caregivers, and directors who work with infants and toddlers, birth to 36 months, in a group setting. Participants must attend both days of training.

[Register Online Now](#)

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The advertisement features a background image of a smiling woman holding a baby. The text is overlaid on the right side of the image. A blue button with white text is located at the bottom right of the advertisement.

[Click here to request on-site services online now!](#)

