

WASH YOUR HANDS THE RIGHT WAY

WET YOUR HANDS

Use plenty of warm, running water.



USE LIQUID SOAP

Soap washes away germs.



SCRUB YOUR HANDS ALL OVER

Count to 20; sing Happy Birthday twice.



RINSE WELL

Make sure all soap is gone.



DRY YOUR HANDS

Use a paper towel.



TURN WATER OFF WITH A PAPER TOWEL

Throw the paper towel in the trash.

