
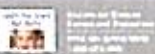


"Learn the Signs. Act Early."

Follow each child's developmental journey, and show parents the path, too!





You'll learn


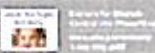
- Identify next steps for community referrals when developmental concerns are identified
- Learn about the new free, on-line, continuing education course "Watch Me! Celebrating Milestones and Sharing Concerns"



Learn the Signs. Act Early.



Deana McGuire Buck
CDC's Act Early Ambassador to Virginia

Developmental Milestones


- Milestones are things most children can do by a certain age
 - How a child plays, learns, speaks, acts, and moves
- You see these every day
- They offer important clues about each child's developmental health
- Parents may need guidance in recognizing

All children develop at their own pace. Some will reach milestones slightly late or early.

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You'll learn

- Become familiar with resources to assess infant and toddler milestones
- Identify primary professional development needs related to monitoring, screening and early identification, and action steps to meet those needs



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Tracking Milestones Helps You...

- Understand each child's developmental progress
- Determine if a child needs extra help or additional challenges in a particular area
- Gather objective information for talking with supervisors and/or parents
 - Tracking and sharing milestones with parents routinely will make conversations easier if there is ever a concern

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Tracking Milestones Helps Parents...

- Understand that watching for milestones is important
- Better understand child development
- Pinpoint any potential developmental concerns



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Milestone Checklists



- Checklists for ages 2 months through 5 years
- Milestones across 4 areas of development
- Help identify causes for celebration or concern

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Tracking Milestones Is Important

Tracking a child's milestones gives you the chance to catch early signs of possible developmental delays so the child has the best chance to get the help he or she might need.



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Milestone Checklists: How to Use



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Free Milestone Tracking Tools


- Developed by CDC's "Learn the Signs. Act Early." program
- **Free**, easy to use
- Available in English and Spanish
- A variety of options



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Milestone Checklists: How to Use

Throughout the year, pay attention to how each child is meeting milestones and mark the checklist accordingly.




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Milestone Moments Booklet



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Parent Kit



Ask parents to order a free parent kit, so they can track their child's development at home using Milestone Moments and the Growth Chart.

Milestone Moments Booklet

Materials specially packaged for parents - includes one growth chart and one Milestone Moments booklet (English or Spanish).

Growth Chart

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Milestone Moments Booklet...

- Everyday use:
 - Give each family a copy of the booklet
 - Review milestones and development tips with each family regularly
 - Discuss red flags if necessary
 - Use the booklet as a reference
- Printing options:
 - Find a local printer for printing
 - Print directly from website using a desktop printer

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Fact Sheets


- *Tips for Talking With Parents*
 - Ideas about how to start conversation with parents if concerned
 - Things to remember when having a difficult conversation
- *Developmental Screening*
 - What it is and why it's important
- Condition-specific fact sheets



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Growth Chart

Several times each year, measure each child's height on the growth chart. As you measure, mentally check the developmental milestones for his or her age.



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Helping Your Students Learn And Grow

- Tracking milestones is a great first step in developmental monitoring
- Share your milestone tracking with parents, including celebrating when a child meets milestones
- Talk with parents about the milestones they see
- Act early and share concerns

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Key Lessons

- Understanding and tracking milestones are important parts of your job
- CDC has free resources to help
- Involve parents in tracking development
- Acting early can make a real difference



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LET'S CHECK IT OUT!




Learn the Signs. Act Early. www.cdc.gov/actearly



Follow each child's developmental journey, and show parents the path, too!

Visit www.cdc.gov/ActEarly today.

Learn the Signs. Act Early.




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Watch Me! Celebrating Milestones and Sharing Concerns

Click to Begin Module 2: Understanding Children's Developmental Milestones


Watch Me!


Celebrating Milestones and Sharing Concerns

A FREE, 1-hour online continuing education course for early care and education providers

Offers tools and best practices for monitoring development and talking with parents

Available for FREE credit at www.cdc.gov/WatchMeTraining







If you have concerns about an infant or toddler's development, think EARLY INTERVENTION

<http://211uwgrp.org/>
1-800-234-1448
Call 211




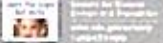


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Want to Learn More?




What is Early Intervention in Virginia?

http://www.infantva.org/documents/WhatIsEI_PL_final.mp4






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(804) 827-0198



NEXT STEPS:

1. Check out the "Watch Me! Celebrating Milestones and Sharing Concerns" module
<http://www.cdc.gov/ncbddd/watchme/training/index.html>
2. Contact me at dmbuck@vcu.edu or (804) 827-0198 to complete a quick survey
3. Receive a packet of *Learn the Signs, Act Early* resources!



THANK YOU!

