## Virginia's Alignment Project

## Introduction

Without a doubt, the early years – from birth to kindergarten – comprise the most extraordinary period of development in a child's lifetime.

Learning begins in infancy when a child's development of knowledge, skills, and attitudes toward learning serves as the basis for healthy development and lifelong achievement. Infants and young children are by nature avid learners – enthusiastic, creative scientists who observe, explore, experiment, and practice skills until they are mastered, and then continue to the next challenge.

Although they learn much through independent exploration, infants and young children need competent adult guides to provide the critical elements of high quality learning environments at optimal times. Skillful adults – whether parents, grandparents, child care providers or teachers - provide the safety and security, both physical and emotional, that support young learners through adventures of discovery and mastery. Skillful adults provide more than affectionate relationships that support and foster confidence; they structure the environment to provide challenges, coach the learning process by providing feedback, and offer interpretation to confirm and to inspire. These skillful adults become learning partners who mentor young children as they explore the world in which they live.

It is vital that we support Virginia's young children as they prepare for school and life success. The Alignment Project documents serve as guides to assist adults in their important roles with young children.

## **Guiding Principles**

The Alignment Project documents reflect a set of guiding principles that have served as a valuable compass in developing these resources:

- Families are the first and most influential teachers of young children.
- 2. Every child develops at an individual rate, possesses unique characteristics, and exhibits an array of talents and interests regardless of family background, culture, special need, experience, or ability.
- 3. Optimal learning occurs when we recognize that all aspects of a child's development (i.e., social and emotional, approaches to learning, language and literacy, cognitive, and physical) are inextricably interrelated and nurtured through a combination of active exploration, play, social interaction, and thoughtfully planned activities that capitalize on children's natural tendency to seek ever higher levels of challenge to master.
- 4. Early learning experiences draw upon and enhance the connections between families, early childhood programs and services, schools, and the community.
- 5. Quality early learning experiences for children are guided by research-based knowledge and practice.
- 6. All children are capable and competent learners, and they learn best when they are included with their peers.

