

Helpful Resources for Family-Friendly Policies and Procedures

National Resource Center for Health and Safety in Child Care and Early Education

<http://nrckids.org/>

Includes *Caring For Our Children National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care 3rd edition* ; <http://nrckids.org/CFOC3/index.html>

Model Child Care Health Policies - Healthy Child Care Pennsylvania
www.ecels-healthychildcarepa.org/content/MHP4thEd%20Total.pdf

The Healthy Meals Resource System information center for USDA Child Nutrition Programs

<http://healthymeals.nal.usda.gov/>

Includes *CACFP Wellness Resources for Child Care Providers*;
<http://healthymeals.nal.usda.gov/cacfp-wellness-resources-child-care-providers>

From parents to partners: Building a family-centered early childhood program by Janis Keyser, 2007, available from Redleaf Press